Silent Peace Walk
from Inner Peace to World Peace
by Piero Falci

presented by Benedictines for Peace
The Silent Peace Walk is easy; anyone can do it ... just begin

- Walk in silence mindfully
- Observe the environment
- Experience peace within and around you
Participation in Silent Peace Walks …

– makes us more peaceful
– fills up internal reservoir of peace
– in challenging situations remember your peaceful feelings experienced during your walks;
– enhances quality of life
Bring Peace to the World

Peace in the world begins within ourselves.

How?
– Desire to experience and spread peace
– Begin acting as most peaceful being you can imagine
– Convince yourself you are the bringer of peace ... acting as an agent of peace creating conditions for others to experience, cultivate and spread peace themselves
We Walk for Peace …

in a world plagued by senseless, needless violence: *direct* and *indirect* …

Peace Walks are opportunities to reflect upon the wonder and immeasurable value of all life and how important justice is for peace.
DIVERSITY, INCLUSION, PEACE

Walk in peace, for peace, with people from all walks of life, making a statement to the world: 

*peace among people of different backgrounds and beliefs is possible.*
We See Beauty

*Silent Peace Walks* invite us to ... pause, appreciate the beauty of the planet, connect in a spirit of peace with others, pay attention to our surroundings, grow in gratitude and become more peaceful ...
What is moving us?
Why do we want to bring
The Silent Peace Walk
to our Erie community?
The Welcome
The Opening
The Walk
The Closing
The Welcome/Opening

Peace bell is rung for all to gather

Welcome & invite all to center on why we are gathered

Peace bell sounds again and Peace Poem is recited by the leader

At end of poem Peace Bell Rings again and walk begins in silence
Peace Poem

Peace in our hearts brings peace to our families
Peace in our families brings peace to our communities
Peace in our communities brings peace to our nations
Peace in our nations brings peace to our world
Let there be peace on Earth, and let it begin with me

One world
One community
One family
One heart
One love
One Planet United
The Walk

Leader or one designated in front to carry sign:

Silent Peace Walk
We walk in silence for peace.
Join us.

Periodically the Peace Bell is rung as a reminder to the Peace Walkers to “come back” to the here-now.
Walk continues for 20 mins.
The Closing

Peace Walkers return to starting point

Leader rings Peace Bell and reads *Peace Poem* again

Peace Bell is rung after poem and leader invites Peace Walkers to offer a gesture of peace.

A brief sharing may follow (optional)

Announcement upcoming events